



## Cuisine for Healing - Retail Menu

Week #5:

Special Instructions or request:

Item No.	Meal	Qty
1	Turkey Meatball Soup, Fresh Fruits and Wheat Crackers	
2	Tropical Fruit Salad with Shrimp, Brussell Sprouts	
3	Beef Chili Mac, Green Beans and Chips	
4	Fresh Veggie Plate, Seasoned Quinoa and Wheat Crackers	
5	Chipotle Chicken, Black Beans and Grape Tomatoes	
6	Corn Quinoa Salad with Tortilla Strips and Broccoli	
<b>Tuesday Pick Up Total</b>		
7	Quinoa Chicken Chili with Fresh Fruit and Wheat Bread	
8	Tarragon Shrimp Couscous Salad and Cooked Apples	
9	Salmon, Lemon Basil Salad and Asparagus	
10	Hummus with Wheat Crackers and Raw Veggies	
11	Turkey Patty, New Potatoes and Green Beans	
12	Summer Vegetable Soup, Quinoa and Fresh Fruit	
13	Lemon Pepper Chicken, Potatoes, Zucchini & Tomatoes	
14	Grilled Vegetable Medley and Brown Rice with Cilantro	
<b>Friday Pick Up Total</b>		
<b>Total Week's Order</b>		

**We Appreciate Your Business - Live Healthy!**

**Cuisine for Healing - 817.231.2377**