



Cuisine for Healing - Retail Menu

Week #2:

Special Instructions or request:

Item No.	Meal	Qty
1	Coconut Curried Quinoa Pasta and Raw Veggies	
2	Mixed Green Salad with Oranges, Pecans and Black Beans	
3	Turkey Breast with Roasted Apples, Sweet Potatoes and Asparagus	
4	Greek Garden Salad with Garbanzo Beans and Tabbouleh	
5	Rosemary Chicken, Garlic New Potatoes and Zucchini	
6	Turkey Stuffed Bell Pepper and Green Beans	
Tuesday Pick Up Total		
7	Z's Chicken Salad on Lettuce with Fresh Fruit and Wheat Bread	
8	Veggie Shish Kabob with Brown Rice & Black Beans	
9	Baked Catch of the Day with Fruit Salsa, Potatoes and Chives	
10	French Onion Soup and Red Wheat Berry Salad	
11	Beef Meat Loaf, Green Beans and Squash	
12	Veggie Quiche, Black Beans and Cooked Apples	
13	Baked "Fried Chicken", Mac n' Cheese and Brussel Sprouts	
14	Beef Quinoa Veggie Soup and Brown Rice with Peas	
Friday Pick Up Total		
Total Week's Order		

We Appreciate Your Business - Live Healthy!

Cuisine for Healing - 817.231.2377